



OKLAHOMA
RESOURCES
AND
ASSISTANCE
PROGRAM



Oklahoma Resources and Assistance Programs

SoonerCare (Medicaid)

SoonerCare (Medicaid) is a health coverage program jointly funded by the federal and state government. This program helps pay for medical costs. The Oklahoma Health Care Authority (OHCA) is the state agency that administers the program. The Oklahoma Department of Human Services (DHS) determines financial eligibility for people who are 65 years of age or older, blind or disabled. Visit www.mysoonerCare.org for more information and to apply online.

Supplemental Nutrition Assistance Program (SNAP)

The federal Supplemental Nutrition Assistance Program (SNAP) provides a monthly benefit for to buy food. The benefit amount is based on size of household, income and allowed expenses. DHS issues SNAP food benefits on a plastic card, called the ACCESS Oklahoma Card. The ACCESS card can be used just like a bank card at most food stores. Apply at www.okdhs.live.org or call OKDHS Live 405-487-LIVE or 1-855-880-8003.

Child Care Subsidy Benefits

The childcare subsidy benefits help pay for the cost of childcare. If eligible, DHS will pay all or part of your childcare costs directly to a licensed and contracted childcare provider while you work or attend school or training. You may be required to pay a portion of childcare costs based on your household income. Apply at www.okdhs.live.org or call OKDHS Live 405-487-LIVE or 1-855-880-8003.



ADDRESS

4345 N. Lincoln Blvd.
Oklahoma City, OK 73105



WEBSITES

oklahoma.gov/ohca
mysoonerCare.org



PHONE

Admin: 405-522-7300
Helpline: 800-987-7767

WIC

The Women, Infants and Children Supplemental Nutrition Program (WIC) provides nutritious foods to supplement the diets of women, infants and children. WIC foods are specifically chosen to provide the nutrients you and your children need (WIC Approved Foods).

WIC gives information about healthy eating and promotes active lifestyles. WIC offers nutrition education in three formats.

1. Online nutrition education.
2. Interactive nutrition and fitness group classes.
3. Private consultations with Registered/Licensed Dietitians (RD/LD).

WIC participants also receive information about other programs that can improve you and your family's health. Apply at www.okdhs.live.org or call OKDHS Live 405-487-LIVE or 1-855-880-8003.

Temporary Assistance for Needy Families (TANF)

TANF provides a small, temporary cash assistance payment to low-income families of children who lack parental support due to absence, death, incapacity or chronic unemployment while gaining education and work skills leading to full-time employment. Apply at www.okdhs.live.org or call OKDHS Live 405-487-LIVE or 1-855-880-8003.

Low-income Energy Assistance Program (LIHEAP)

LIHEAP is a federally funded program that provides financial assistance to low-income Oklahoma households each year to help meet the cost of home energy. Apply at www.okdhs.live.org or call OKDHS Live 405-487-LIVE or 1-855-880-8003.

Frequently Asked Questions

1. Do I have to tell you whether I am a United States citizen?

Yes. When you apply for state or federal public benefits such as childcare, food benefits, Low Income Home Energy Assistance Program, SoonerCare (Medicaid), State Supplemental Payment, or Temporary Assistance for Needy Families, you must declare the citizenship status of every person for whom you

are applying. When you state that a person is not a citizen, you must declare whether the person lives in the United States lawfully. The application form contains a statement advising you that OKDHS reports false statements regarding citizenship or lawful immigrant status to the U.S. Attorney and you might be subject to criminal prosecution.

2. *Can I receive benefits if I am not a U.S. citizen?*

You may be eligible if you are considered a qualified immigrant. Qualified immigrants include legal permanent residents, refugees, asylees (people who have been granted asylum), people granted withholding of deportation or removal, Cuban/Haitian entrants, people paroled into the U.S. for a least one year by immigration authorities, people granted conditional entry pursuant to Section 203(a)(7) of the Immigration and Nationality Act, certain victims of domestic violence or victims of human trafficking.

Depending on the program you are applying for and your qualified immigrant status, you may be eligible right away or you may have to live in the United States for five years before you are eligible. When you apply for benefits and provide proof of your immigrant status, your case worker can tell you whether you are eligible.

3. *How can I learn more about these programs and apply?*

Apply for these programs at www.okdhs.live.org. On the main page, select 'Create User ID' from the blue squares if you have never done so before. Then select 'Apply for

Benefits.' For more information, visit <https://www.okdhslive.org/popups/ProgramFAQSEnglish.aspx#FoodStampFAQ>

